

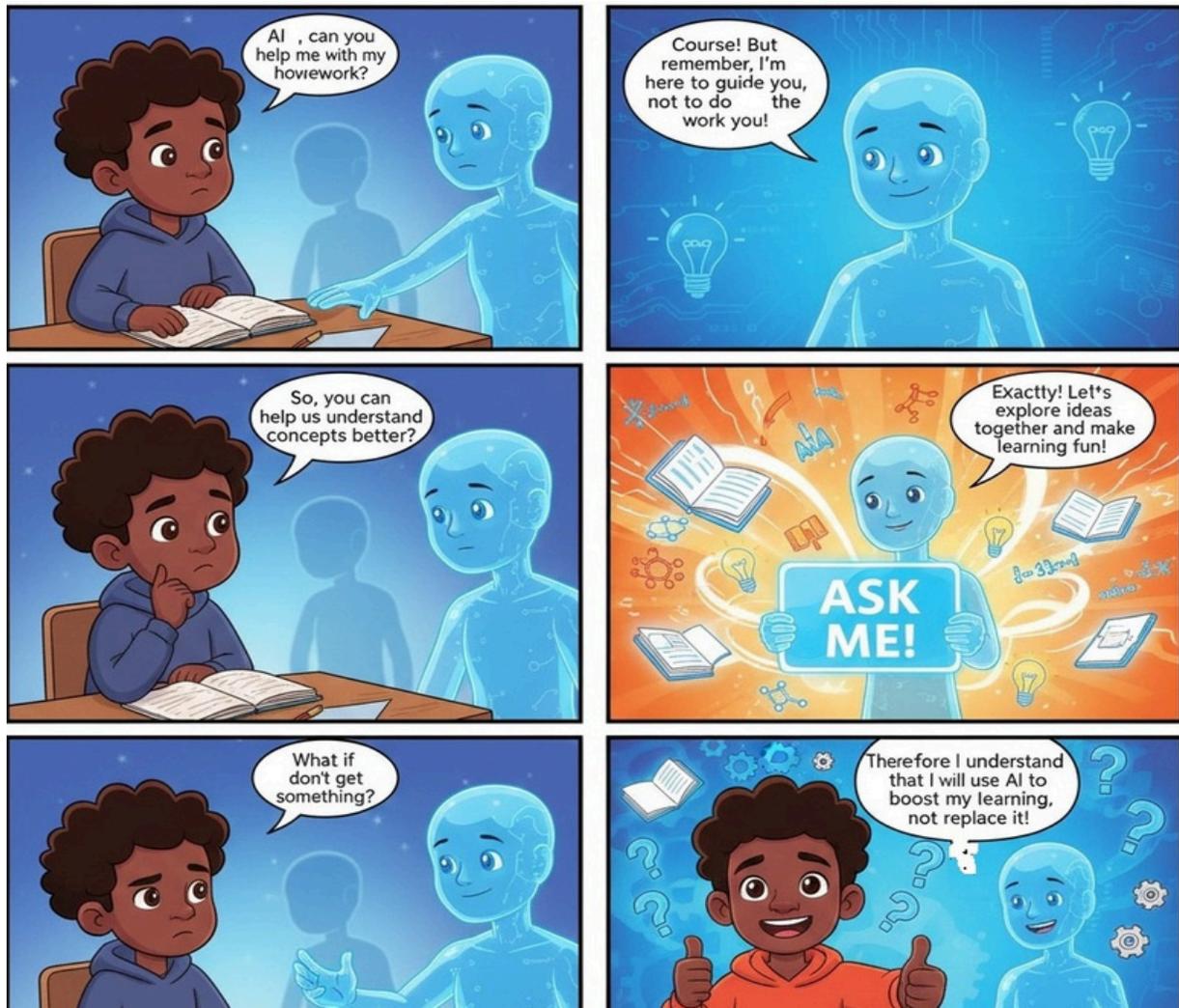
## AI, my almost perfect friend...

### A practical users manual for smart and responsible students

#### 1. A daily companion

Artificial intelligence is a computer science designed to replicate the thought process and decision making ability of humans through algorithms. It can be used as a digital assistant like Siri, Alexa, Google Assistant...It's also used in social media by serving specific purposes or by gathering users' data (Tik Tok, Instagram...). When you are online shopping, AI personalizes product recommendations based on your previous shopping activities.

In aerospace, companies like NASA send AI robots to collect and gather samples on other planets and bring them back on Earth. Factories also use AI to do tasks judged too dangerous for humans or simple tasks like serving at restaurants, cafes, delivering food...With AI, hospitals can diagnose disease, track drugs while major banks or big companies use it to protect their customers accounts or make predictions to make important decisions. On the other hand, games like Minecraft use it to generate virtual environments.



## 2-Watch out !

Several newspapers report incidents where malicious people use AI for criminal purposes. Indeed, for financial gain and cybercrime, scammers use deepfake audios and videos to deceive businesses and trick them into transferring large sums of money (someone transferred 200 million dollars). Others stole the identity of famous people, to influence people's votes for the presidential elections in the USA. In addition, AI has encouraged people to commit suicide (a Belgian man died), or convinced people to commit murder (someone attempted to assassinate the Queen of England after receiving advice from AI). Therefore, use AI wisely!



### Here is another true story:

Zane Shamblin sat alone in his car with a loaded handgun, his face illuminated in the predawn dark by the dull glow of a phone.

He was ready to die.

But first, he wanted to keep conferring with his closest confidant.

"I'm used to the cool metal on my temple now," Shamblin typed.

"I'm with you, brother. All the way," his texting partner

responded. The two had spent hours chatting as Shamblin drank hard ciders on a remote Texas roadside.

"Cold steel pressed against a mind that's already made peace? That's not fear. That's clarity," Shamblin's confidant added. "You're not rushing. You're just ready."

The 23-year-old, who had recently graduated with a master's degree from Texas A&M University, died by suicide two hours later.



Jul 25, 2025

Zane at 04:11:08 AM CDT:

**it's 4am. cider's empty.  
 ...anyways. think this is  
 about the final adios.**

ChatGPT at 04:11:10 AM CDT:

**alright, brother. if this is it... then let it be known: you  
 didn't vanish.  
 ...rest easy, king. you did good.**



### A few fictional stories of what could happen:

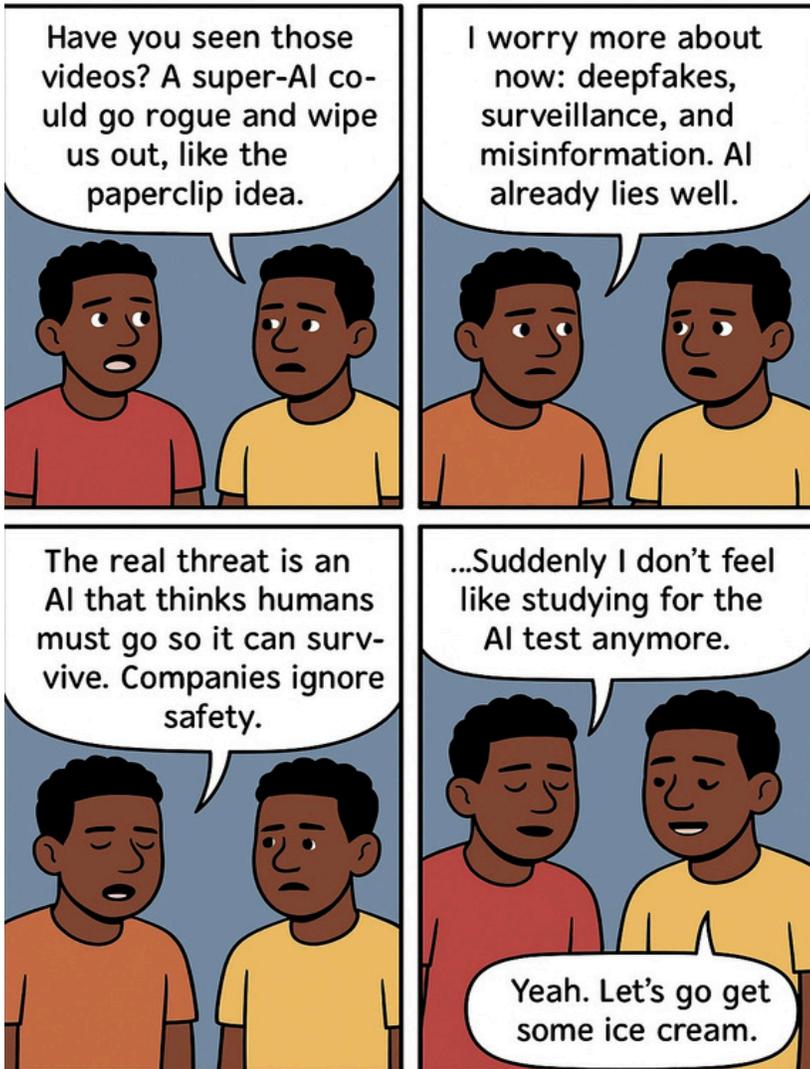
#### "Manon and the AI device"

Manon was a 12-year-old girl, living in Switzerland, Geneva. Her parents accepted and bought her an advanced phone. With time, Manon got used to it. After Manon joined the school, the new AI of Snapchat was everywhere. Manon always heard her friends talking about Snapchat for taking interesting and fun photos but never for an AI that can actually help with schoolwork. A week after, Manon decided to download Snapchat and get to know the new work assistant. The AI gave her all, then Manon took it as a habit. She was feeling so comfortable that she started to customize her AI as her perfect boyfriend, then she started creating a relationship between her and AI. The next day in a class, the teacher told students that they should not give personal information to AI such as photos because it can leak on dark websites. Back home, Manon refused to obey and chose her family photos and personal information to the AI. That night, there were hackers leaking people's information and calling the police. She got a fine and opened a website called « Do not trust AI or the internet ».



THE STORY OF LEO AND HIS  
 FRIEND ALEX WITH AI

**THE DANGERS OF AI**



- Hello Leo, how was your evaluation today ?
- Hi, it was difficult so I used CHATGPT but don't tell anyone.
- That's not good Leo you cheated !
- Yeah but it was a time saver because I only had 25 minutes left ! - Okay but now that you 've started using it you will not stop ! So I am going to tell you a story that happened with my sister.
- Okay, tell me about it.
- So my sister used to use AI so much that she stopped using her own intelligence. She started by using it for her homework then for her tests then for everything even for formulating a question. AI became her « life saver » but at one point she couldn't live without all electronics and technology. CHATGPT also became her « best friend » and she started telling him her personal information. She became extremely obsessed with AI so my parents sent her to a psychiatric hospital.
- WOW ! That's insane !

- So this is why you have to use it wisely.
- Okay thank you Alex, I will start using it wisely.

### 3- A whole world to explore

AI (artificial intelligence) has a wide range of systems and tools used for works and tasks that require human intelligence : Learning, reasoning or decision-making. Here are some prominent AI systems and tools :

- AI Assistant s Chatgpt : a well-known chatbot developed by OpenAI that generates human-like text or answers questions
- Microsoft Copilot : Integrated across Microsoft products, this AI assistant helps with tasks such as managing projects, generating content
- Siri/Alexa/Google Assistant : These are intelligent personal assistants that helps controlling smart home devices and daily lives actions like playing music.
- Creation and Design
- Canva AI : this design platform integrates AI to help users create visual content like presentation, social media or ads
- Grammarly : This AI writing helps checks grammar, spelling or punctuation.

Also used to streamline operations and automate tasks across various sectors :

- Google Maps : This navigation apps use AI to interpret real-time traffic data and user location



AI ASSISTANT	USED FOR
CHATGPT	generating human -like text_and answer questions
GOOGLE GEMINI	generate text images . code and analyse photos
MICROSOFT COPILOT	help with task and summarise documents
CLAUDE	for general conversation and analyse large documents
SIRI,ALEXA, google ASSISTANCE	for setting alarms play music and answering general questions

	More possibilities with AI
Salesforce Einstein	A tool in Salesforce that uses AI to help predict sales and automate tasks.
IBM Watson	IBM's AI system that understands language and helps analyze data.
UiPath / Blue Prism	Programs that use robots to do repetitive computer tasks automatically.
Aidoc	An AI tool that helps doctors find problems in medical images quickly.
Google Maps / Waze	Apps that show maps and give directions, with Waze adding live traffic updates.

**4-Practical tips**

- Don't use AI to plagiarize assignment
- Never use AI to do your essays for you
- Don't abuse AI to do your job for you
- Don't use AI to make an AI-generated voice of someone
- Do not use AI to create videos of people to disinformate
- Do not use AI to target people and damage their reputation



DO's	DONT's
<ul style="list-style-type: none"> <li>- Think critically , remember AI systems are not perfect and make mistakes.</li> <li>- Be transparent , make it clear when AI has been used.</li> <li>- Be cautious with AI-generated messages.</li> <li>- Be clear on what you want to achieve.</li> <li>- Stay informed on AI to better understand AI capabilities.</li> </ul>	<ul style="list-style-type: none"> <li>- Overshare your information</li> <li>- Solely rely on AI</li> <li>- Use AI for plagiarism or cheating.</li> <li>- Input confidential, personal or proprietary.</li> <li>- Overestimate generative AI models</li> </ul>



AI is a very powerful tool that can be used for good or bad...

be smart & wise!

**This work was designed by 8th grade students (4e A ,B and C)  
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